

Event Site Information

This entrance is Prohibited to use 8:10am.

You are prohibited using fire, carrying a beer server and bottles in ohnoyama park and Athletic Stadium.

Pickup Bus

Tsubogawa station

Line Up for Start at 8:30 AM

- Runners must line up at the specified area by 8:30 am.
- After 8:30 AM, please line up at the end of the queue for start.

Lineup point before start

Kokuba River

START

This entrance is Prohibited

Naha Port

- Information Desk/Registration of Special Drink
- The administration
- Finish Gate
- Issue of Finishers' medals
- Water Supply(Sports Drinks)
- Sub-ground
 - Sponsors Booths
 - Food & Drink Booths
- Medical Center
- Arena in Prefectural Budo-kan
 - Reception for Runners
 - Opening Ceremony
 - Reception for Runners
 - Depository of Valuables (pay)

- Depository of Luggage
- Changing room
- Nobi-Nobi grass field side Parking (Massage-Taping)

- Portable W.C. Facility W.C. Public Phone

Special Drinks

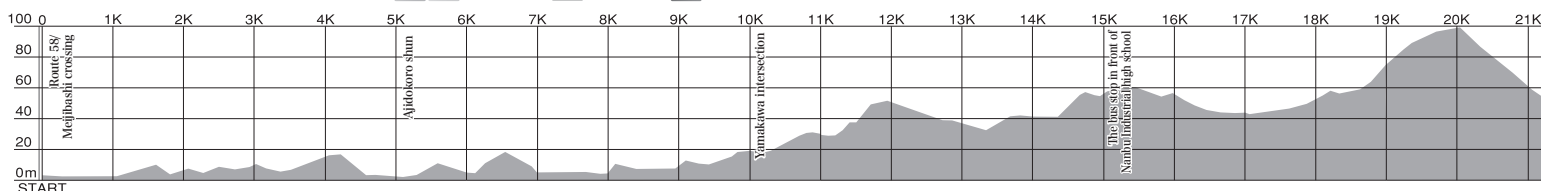
Special Drinks are set at every water supply of 9 points. Bring your drink to Information Desk between 7:00 am to 7:20 am on the race day. The boxes for each point are prepared at the site. Put your drinks into irrefragible containers and mark on them not to mix up the drinks.

Taping(7:00am to 8:20am)

Massage(10:00am to 3:30pm)
After the race, if you take a massage, Please change your clothes before tale it.

Ablock	1 ~ 450
Bblock	451 ~ 1350
Cblock	1351 ~ 2650
Dblock	2651 ~ 4800
Eblock	4801 ~ 6750
Fblock	6751 ~ 9500
Gblock	9501 ~ 12100
Hblock	12101 ~ 14200
Jblock	14201 ~ 16000
Kblock	16001 ~ 19200
Lblock	19201 ~ 24500

Line up block



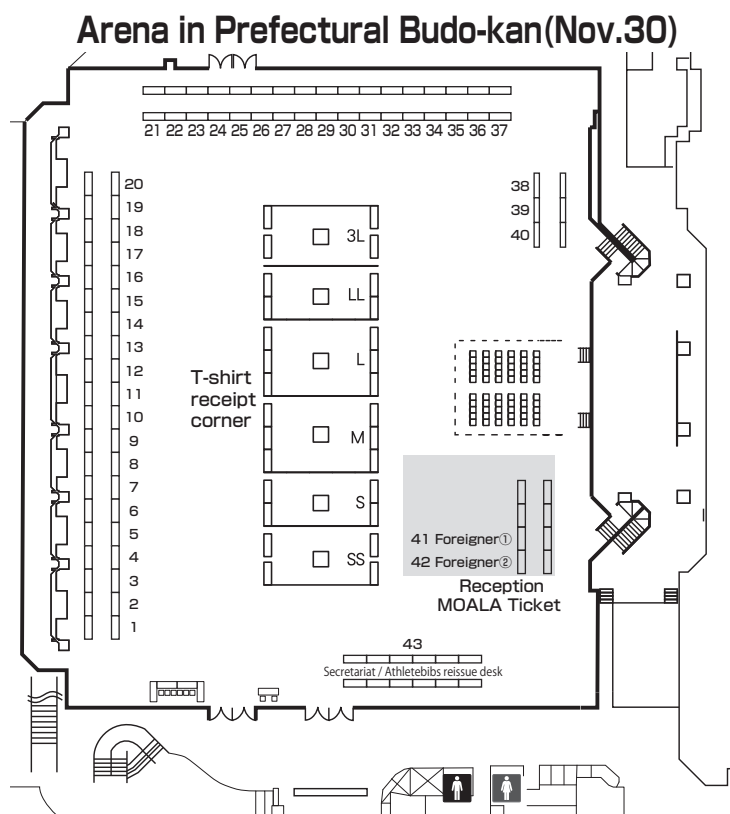
Reception

November 30, 2024 (sat) 10:00am-8:00pm at Prefectural Budo-kan.
The receipt order is a Athletebibs → a T shirt
※Entry cannot be given to a third party. No substitute runners allowed.
※Size cannot be changed after entry or on the day of the tournament.

1	1~599	21	12000~12599
2	600~1199	22	12600~13199
3	1200~1799	23	13200~13799
4	1800~2399	24	13800~14399
5	2400~2999	25	14400~14999
6	3000~3599	26	15000~15599
7	3600~4199	27	15600~16199
8	4200~4799	28	16200~16799
9	4800~5399	29	16800~17399
10	5400~5999	30	17400~17999

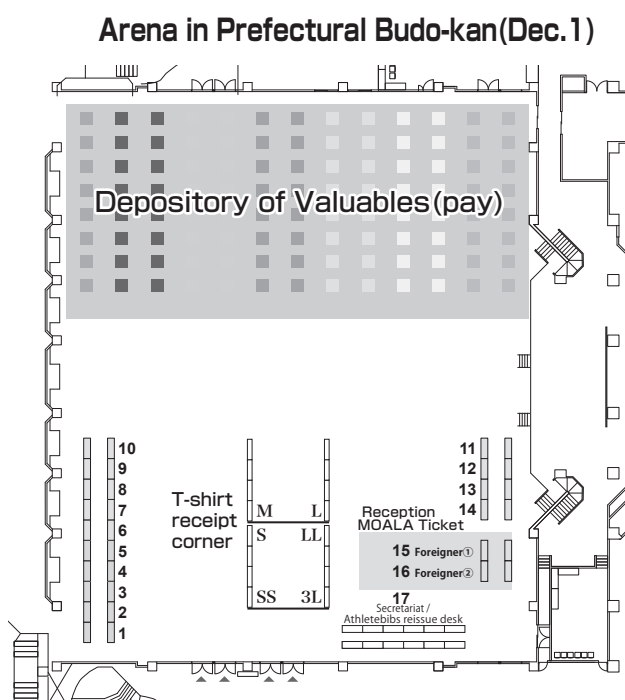
Reception MOALA Ticket	
41	Foreigner① 1~12000
42	Foreigner② 12001~24500
43	Secretariat, Athletebibs reissue desk

11	6000~6599	31	18000~18599
12	6600~7199	32	18600~19199
13	7200~7799	33	19200~19799
14	7800~8399	34	19800~20399
15	8400~8999	35	20400~20999
16	9000~9599	36	21000~21599
17	9600~10199	37	21600~22199
18	10200~10799	38	22200~22799
19	10800~11399	39	22800~23399
20	11400~11999	40	23400~24500



1	1 ~ 1799	9	14400 ~ 16199
2	1800 ~ 3599	10	16200 ~ 17999
3	3600 ~ 5399	11	18000 ~ 19799
4	5400 ~ 7199	12	19800 ~ 21599
5	7200 ~ 8999	13	21600 ~ 23399
6	9000 ~ 10799	14	23400 ~ 24500
7	10800 ~ 12599		
8	12600 ~ 14399		

Reception MOALA Ticket	
15	Foreigner① 1~12000
16	Foreigner② 12001~24500
17	Secretariat, Athletebibs reissue desk



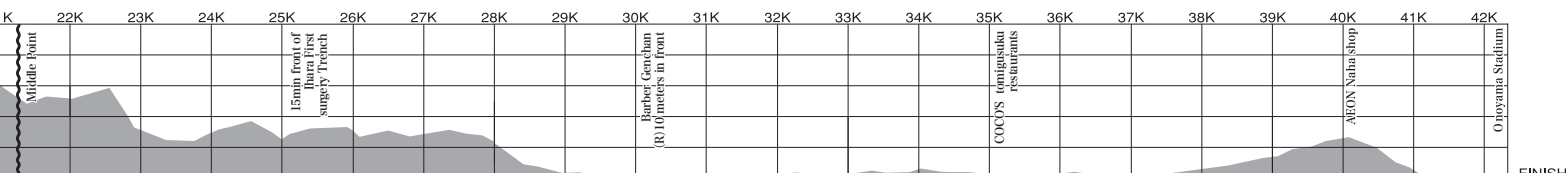
■ Depository of Valuables (pay)

You can deposit your valuables with us at Arena in Prefectural Budo-kan.
We need your racing number when you deposit and take.
Please bring your number together.
Valuables are kept in box.
Keeping fee is ¥500
The time we receive your valuables is from 6:00am to 8:30am.
We keep your valuables until 5:00pm.
We cannot accept fragile things, a lot of money and expensive things.
There is also a place in stadium which you can leave your baggage (Free)

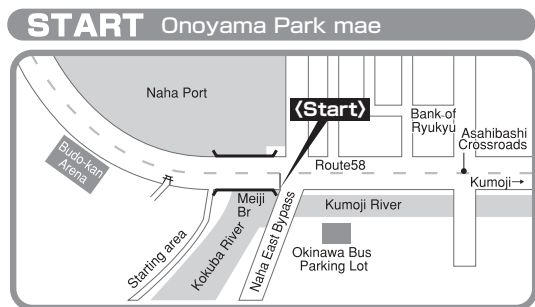
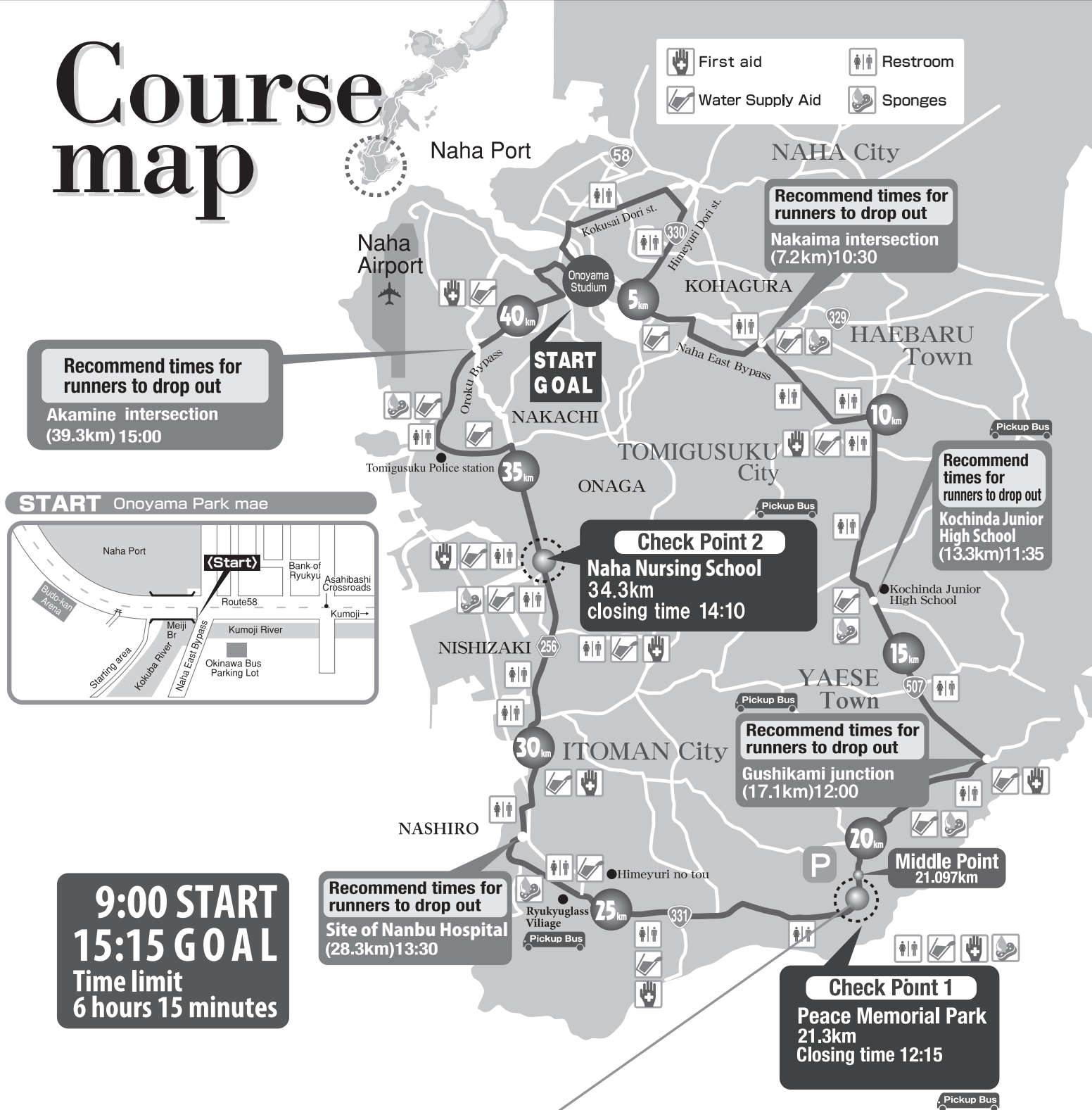
■ Deposi gage

A luggage depository is provided in The Little league field.
Write the number of your Athletebibs clearly on the luggage tag (enclosed herein) by using a permanent marker.
Put your luggage with the tag at the depository.
※The luggage depository is for runners' use only.
※You will be required to show your Athletebibs and the slip to receive your baggage.
※Do not put breakables in your baggage.

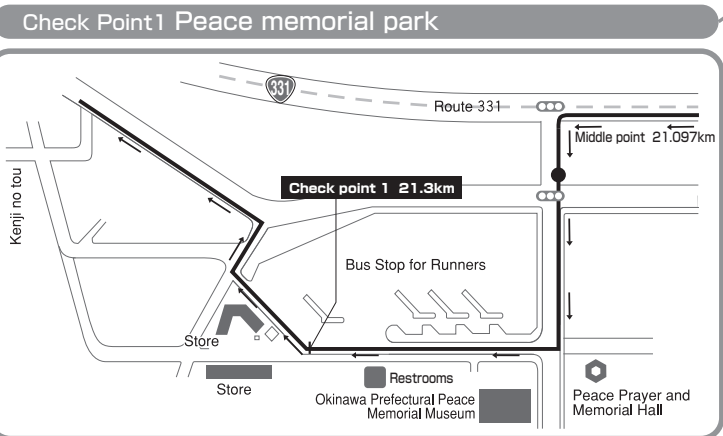
Depository of Valuables Size
 $H+W+D \leq 120\text{cm}$



Course map



9:00 START
15:15 GOAL
 Time limit
 6 hours 15 minutes



Traffic regulation information English support

■ for inquiries
050-3786-7855

■ term 2024/11/29~12/1
 ■ time 11/29 9am~6pm
 11/30 9am~9pm
 12/1 6am~4pm

Only 12/1 English support 8am~4pm

Schedule

November 30 , Saturday		December 1 , Sunday	
10:00~20:00	Reception for Runners at arena Prefectural Budo-kan	05:00	Parking lots in the Naha Naval Port Open
13:30~14:00	Opening Ceremony at arena Prefectural Budo-kan	08:10	Meiji Bridge closed to traffic
15:30~16:00	Takaya Mitsuka Talk Event	08:30	Line up for start along the river in Onoyama Park
		08:40	Move to starting line after enforcement of traffic controls
		09:00	☆Start☆
		13:00	Award Ceremony for the best 5 runners (male & female)
		15:15	☆Goal☆
		15:30	Closing Ceremony

Shuttle Bus Service Hour

Shuttle Bus Service Hour

November 30, Sat.

Naha Naval Port ⇄ In front of Shrine Gate

■ Service hour : 9:00 am to 8:15 pm (last bus)

December 1, Sun.

5:00 am to 9:30 am

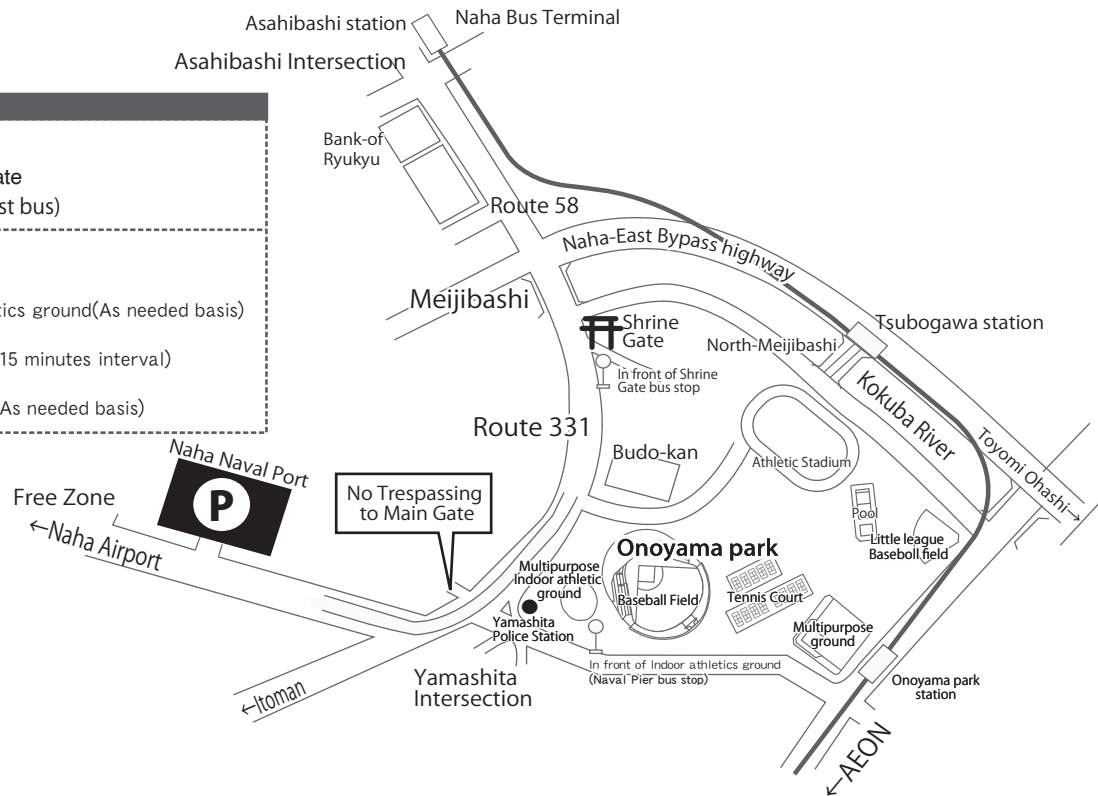
Naha Naval Port⇄In front of Indoor athletics ground(As needed basis)

9:30 am to 2:00 pm

Naha Naval Port⇄In front of Shrine Gate(15 minutes interval)

2:00 pm to 5:30 pm

Naha Naval Port⇄In front of Shrine Gate(As needed basis)



Extra Parking

- Extra parking lots are available at Westside of Naha Naval Port andnext to Free Zone (near Naha Naval Port) on November 30, Saturday & December 1, Sunday.
- Hours : Saturday, November 30 - 9:00 am to 8:30 pm
Sunday, December 1 - 5:00 am to 6:00 pm

Access

- Leave at Tsubogawa station or Onoyama-koen station when you use Yui-rail.
- ※ For fare and schedule, see <http://www.yui-rail.co.jp/> or call Okinawa Urban Monorail.
- About 10 minutes from Naha Bus Terminal by foot.
- About 10 minutes from Naha Airport by bus or taxi.

~Parking hours~

The administration of Naha Naval Port strictly requests that vehicles should not be left overtime. Any vehicle parked after the gates are closed will be towed. The vehicle owners are responsible for the towing and storage fees. Therefore, please remove vehicles from the Naha Naval Port parking area before the gates close.

~Request for easing traffic congestion~

Traffic congestion is expected on the race day. Please use public transportation such as bus and taxi when you come to the venue.

Weather in the past 3 years

	37 th Race 2023.12.3	36 th Race 2022.12.4	35 th Race 2019.12.1
	(Cloudy) Rate of Finishers 72.68%	(Sunny) Rate of Finishers 67.84%	(Sunny) Rate of Finishers 64.22%
Temperature(°C)	21.5°C	24.9°C	24.2°C
Humidity (%)	61%	82%	62%

■Reception for Runners

Time: Saturday, November 30 10:00~20:00

Place: Arena in Prefectural Budo-kan in Onoyama Park.

Bring your "Athletebibs Claim Receipt" (enclosed herein) and Receive your Athletebibs at Reception site.

After receiving the Athletebibs, receive T shirt at T shirt receipt table.

※ Individuals not participating in the race should return the measuring BibTag (attached to the Athletebibs) to the administrative desk.

※ Another person may submit a runner's Athletebibs; however, he/she is not allowed to enter the race in the place of the runner who actually applied.

■Line Up for Start at 8:30 AM

• Runners must line up at the specified area by 8:30 am. In the line up area, staff members will display signs with numbers. Runners are required to line up and wait in the appropriate block by following the direction of staff members. You will be led to the starting point of National Route at 8:40 am simultaneously with enforcement of traffic control.

※ If you ignore the direction of the race officials and break rules, such as shoving into the line ahead, you will be disqualified from the race.

※ Again, it is very important that you attach the Athlete Tag to your chest to record your race times.

※ After 8:30 AM, please line up at the end of the queue for start.

■Start at 9:00 AM

• The starting point is Onoyama Park in front of. The race will start at 9:00 am.

※ Runners must start the race without hassles and without pushing.

※ The runners must start from the starting point. Those who cut in at the middle of the race will be disqualified.

■Rules

1. The runners must follow the directions from the police officers and the race officials at all times.

2. As the race should be terminated after the time limit, runners must follow the direction from the race officials regarding the removal of their Athletebibs.

3. When the race officials determine that a runner is unable to continue the race, they could order the runner to drop out of the race.

4. The race officials may order runners to leave the race if they seem to pose a problem for the race management.

5. Race rules are based on item 2024 of the Japan Association of Athletics Federations

■Control Gate [Time Limits for Race]

<The following are the control gates and their time limits>

• Check Point 1 (21.3Km): Peace Memorial Park - 12:15 pm

• Check Point 2 (34.3Km): Naha Nursing school - 14:10 pm

• Finishing goal at the Second Gate of Onoyama Athletic Stadium - 15:15 pm

<The recommended times for runners to drop out>

• 7.2km point [Nakaima intersection] at 10:30am

• 13.3km point [Kochinda junior high school] at 11:35am

• 17.1km point [Gushikami junction] at 12:00pm

• 28.3km point [Site of Nanbu Hospital] at 13:30pm

• 39.3km point [Akamine intersection] at 15:00pm.

※ Traffic restriction is released at the times above.

※ In view of the time limits, if the race official determines a runner is unable to go through within the limited time, the official may let the runner drop out of the race before the prearranged time limit.

※ Please make sure that you step on the Antenna Mats that are set every 5 km.

※ Traffic control will be lifted after the last directing car passes, so please move to side walk.

■Distance Indicator

• The distance indicators are set every 1 km on the left side of the road.

■Athletebibs

• 2 Athletebibs (one for the chest (a bib tag for measurement is attached on the back side) and the other for the back) are to be distributed.

• Be sure to put an athlete bib with a bib tag for measurement on the front of your body and put the other athlete bib on your back (above your waist).

• Make sure your number and name appear on the Athletebibs.

• It is invalid for an entrant to use another runner's Athletebibs.

• Keep your Athletebibs. Do not lose it or forget it.

• Use the Athletebibs that the organizer provides only.

• This race is made possible by the courtesy of sponsors. Please do not fold or hide the sponsors' names on your Athletebibs.

CHECK

Just in case—Filling in the Athletebibs

On the back side of the Athletebibs you receive in the registration for participation, you will find the fields for (1) emergency contact, (2) medical history and (3) medicines not to be taken.

Those are necessary information to save your life. It might cause you inconvenience, but please fill out these fields and participate in the marathon at ease.



[front]



[back]

選手登録用紙 (Athlete Registration Form)	
下記の欄に日本語または英語で記入ください。 Please fill in the following fields in Japanese or English.	
1. 緊急連絡先 (Emergency Contact) / 緊急連絡先 (Emergency Contact)	
姓 (Last Name)	名 (First Name)
2. 緊急連絡先電話番号 (Emergency Telephone Number)	
3. 宿泊先 / 宿泊施設 (Address in Okinawa/Hotel/Accommodation) (If staying in Okinawa, please fill in)	
4. 宿泊先電話番号 (Phone Number of Accommodation)	
5. 既往病 / 既往症 (Pre-existing medical conditions)	
6. 服用できない医薬品 / 不能服用之薬品 (Drug Allergies)	
7. 医師に記入していただく必要のある追加情報 (Additional info for doctor/Physician's advice and medical history)	
記入していただく情報は、レース中に緊急事態が発生した場合の緊急対応に利用されます。	

Points to note before, during and after the marathon

- 1.A marathon is a grueling sport. Runners may have unexpected accidents due to the lack of physical fitness. Do not participate if you are experiencing health problems. If you feel ill during the race, retire from the race immediately.
- 2.The organizer will implement first aid if there is an accident during the competition, but will bear no other responsibility except in cases arising due to gross negligence on the part of the organizer. (The organizer will take out insurance, but the insurance will not cover hospitalization, etc., due to medical diseases, etc. Please note that for accidents during the competition, the scope will be only the scope of that insurance.)
- 3.If you receive medical services in Japan, if you have a Japanese health insurance certificate, your charges will be calculated in accordance with the health insurance system. If you do not have a health insurance certificate, you are responsible for all of your medical expenses, payment is quite expensive. I would like you to join the insurance that covers your overseas tournament participation individually.

■BibTag for Measuring Record

- The athlete tag, the transmitter, attached to the Athletebibs, measures your record. Without this Tag, your time cannot be recorded. Make sure that you have it at the reception.
- There are three Antenna Mats to record times: at the starting point, 5km 10km 15km 20km 21.097km(MiddlePoint) 21.3km(Check Point1) 25km 30km 34.3km(Check Point2) 35km 40km and the goal point. Make sure that you run through on these mats.

■Locker room

The locker room is set up in track and field sports place retirement bus getting off place near banks of a river. Please do not leave in the locker room, and entrust to assistance the luggage depository for luggage.

■Water supply, Aid stations, Sponges

There are 16 points of water supply, aid stations on the racecourse as outlined below:

Water Supply & Aid Stations		
1	5.1km	Blue-port Kohagura S/S・Sakihama
2	11.1km	Kochi no sato
3	17.1km	JA Okinawa Gushichan store
4	21.3km	Check Point 1 (Peace Memorial Park)
5	24.6km	Yubi-do Parking
6	29.4km	Town Plaza Kanehide Maezato Store
7	34.3km	Check Point 2(Naha Nursing School)
8	36.0km	Uehara Automobile Maintenance Center
9	40.0km	AEON Naha

Sponges		
1	8.5km	Family mart Tsukazan minami
2	13.3km	Kochinda Junior High School
3	18.2km	Taira Construction Company
4	21.3km	Check Point 1 (Peace Memorial Park)
5	26.2km	Ryukyu Glass
6	33.2km	Itoman swimming school
7	37.4km	Tsurumaru Udon

■Lavatory

- There are 19 lavatories on the course.

■Accidents During the Race

- A marathon is a grueling sport. Runners may have unexpected accidents due to the lack of physical fitness. Do not participate if you are experiencing health problems. If you feel ill during the race, retire from the race immediately.
- ※First aid will be provided for any accidents or injuries that occur during the race; however, the Association will not be held responsible thereafter. Runners are responsible for their own health condition during the race.
- ※An ambulance will be available for the sole purpose of providing aid to those with emergency needs. The ambulance is not available to pick up retired runners.

■Ambulance

- In the case of an emergency, the ambulance has priority and has the right of way. Runners should be careful not to block the path of the ambulance

■Thank you for your cooperation

- Naha Marathon is made possible by the courtesy of sponsors. So, please DO NOT place the flags or labarum on which the names of corporations other than sponsors are put on the event site.

■Safety During the "Naha Marathon"

- Runners must stay in the left lane of the road at all times. NEVER run in the right lane.
- Runners should throw cups and sponges to the left side of the road for the safety of runners coming behind. Please do not throw them into the fields and the residences.
- ※Do not put breakables in your baggage.

■About the lost article

- I we keep the lost article and the picking up thing track and field sports front“General Information”until rally 4:00 P.M of that day.