



太陽と海と
ジョガーの祭典

第36回

NAHAマラソン

2022 12.4  9:00^A_M START


42.195km

【主管】NAHAMarathon協会実施本部 【主催】NAHAMarathon協会（那覇市・南部広域市町村圏事務組合・沖縄タイムス社・琉球放送・那覇市観光協会・那覇市教育委員会・沖縄陸上競技協会）

“The Runners are the stars”

The NAHA Marathon is now one of the premier sports events of Japan.
This “Festival of Sun, Ocean, and Joggers” started in 1985 as a commemoration of the 25th anniversary of the sister city bond between Naha and Honolulu. Each Marathon has provided a forum to promote ties and friendship for domestic and international interaction. The course, with The Peace Prayer and Memorial Park at its mid-point, is a full 42.195 km long. Run on this tropical island, Okinawa!

The Day of The Race (Starting Point: Ohnoyama Park)

All runners must be positioned at starting area by 08:30.

The Rules & Regulations

Rules & Regulations

The Rules & Regulations of this Marathon accord with FY2022 covenants between the Japan Track & Field Association and the Naha Marathon Association.

- 1. When the referees / doctors make a judgement [diagnosis] that the runner is unable to continue the race, they have a right to order him / her to halt the race.
- 2. The referees have a right to order runners, who failure to follow the race policy, ignore the stern warnings, and interfere remarkably with the race operation, to halt the race. (ex. refusals to go to assigned starting position, improper entry onto course, etc.)
- 3. When the referees make a judgment that the runners are unable to meet the deadline, they may order runners to discontinue the race even before the time-limit.
- 4. An ambulance will be available for the sole purpose of providing aid to those with emergency needs. The ambulance is not available to pick up retired runners.
- 5. In the case of an emergency, the ambulance has priority and has the right of way. Runners should be careful not to block the path of the ambulance

Written Pledge

- 1. Apart from providing first-aid, the organizers bear no responsibility for sickness or injuries.
- 2. The organizers bear no responsibility for theft/loss of property, delays to public transportation or road congestion.
- 3. All participants must follow all instructions given by race organizers, traffic management personnel, and the police. They must further display good manners and follow the rules of the race.
- 4. Entry to the tournament signifies acceptance of all tournament rules and the contents of this pledge. Furthermore, participants 18 and younger (high-school students) may only participants with the permission of their legal guardian (name and personal seal required).
- 5. After payment, no refunds or cancellations can be made.
- 6. Participants are not allowed to provide incorrect gender, age, or other information. No substitute runners are allowed. Incorrect information/substitute runners will result in immediate disqualification and loss of insurance coverage.
- 7. No refunds will be given for 4,5,6 listed above, in the case of overpayment, double payment, nor for cancellations due to accidents or infectious diseases or natural calamities (including flooding, earthquakes, inclement weather, and fire.).
- 8. Participants agree that their name, age, address (country, prefecture and/or municipality) as well as recordings (video and still) and other race records (etc.) may be used online, in printed materials including newspapers, and on television (etc.). Participants grant the event organizers the right to use their information and their portrait rights. They agree to commercial use of this information, such as in photographs, printed materials, DVDs, and use in the media.
- 9. Regarding Personal Information The event organizers recognize the importance or personal information and strictly follow all rules and regulations regarding the handling and storing of such. The organizers will handle all such information in accordance with the policy on the handling and protection of personal information.

*Decision to cancel the event

The following are possible cases in which the competition may be cancelled when it is judged that the event cannot be operated safely due to the occurrence of a phenomenon written in item 7 of the event pledges.

- 1. In the case of a typhoon, heavy rain, flood, storm, etc.
In the event that the Implementation Headquarters decides that the implementation of the competition is not possible based on weather predictions related to the construction of temporary facilities before the event day or the weather on the day of the event
- 2. In the case of an earthquake disaster, large-scale accident (fire on the course, etc.), terrorist threat, etc.
In the event that the Implementation Headquarters decides that it is not possible to sufficiently secure the safety of the participants such as the runners and volunteers, or of the competition officers and mobilized staff, etc., due to the occurrence of a natural disaster or other incident in Okinawa Prefecture or the southern district up to the day of the event.
- 3. In the case of high temperature and humidity
In the event that the Implementation Headquarters decides that the implementation of the competition would be dangerous due to an increase in the temperature and humidity, etc.

NAHA Marathon COVID-19 Infection Countermeasures (Abstract)

*Countermeasures may be eased depending on the future infection situation (circumstances during event holding period).

- (1) Submitting proof of vaccination or proof of negative test
Please submit either a proof of vaccination against the COVID-19 or proof of negative results from a Coronavirus test.
*Details on various methods of proof will be announced after being determined.
*Runners must bear the costs of proofs themselves, separately from the registration fee.
- (2) Health management through health management check system (or sheet)
From 1 week before the event to 2 weeks after the event, please record the results of the health check to the designated health management check system (or sheet). Please submit the record to the reception for runners on the day before the event.
*If any of the items on the health management check apply to you, if you lie on your record, if there are items not filled in, or if you do not submit the check, you will not be allowed to participate.
- (3) Measuring body temperature
We measure your body temperature at the reception venue entrance for runners the day before the event. Your temperature will be taken at the designated temperature measurement site near the event venue on the day of the event. If you have a temperature of 37.5℃ or more, you will be refused entry to the venue and refused participation in the event.
- (4) Participation conditions
You will be asked to withdraw your participation in the following cases.
*Please note that your registration fee will not be refunded even if you withdraw due to the following cases.
- If from November 13 you test positive from a PCR test or antigen test
- If from November 20 you have been to a country or region that the government restricts entry to Japan from, or requires an observation period after entering Japan, or if you are a close contact of a person who has been to such places
- If from November 20 you have been determined to be a close contact by a health center
- If from November 20 family members living with you, or acquaintances close to you, are suspected of being infected
- If from November 27 you have symptoms that apply to the items on the health management check system (sheet), or if you have a fever or have symptoms of infection on the day of the event



"A Festival of Sun, Ocean, and Joggers"

The 36th NAHA MARATHON

Race Starting Time:

4 Dec. 2022 (Sun.) 09:00 (Rain or Shine)

Official Marathon Course Length of course 42.195km

● Distribution of Race Number & T-shirts :
3 Dec. 2022 (Sat.) 10:00 ~ 20:00 (Ohnoyama Budokan)

START Ohnoyama Park ~ Meiji Bashi, Route 58

FINISH Ohnoyama Stadium

[Awards]

- 1st ~ 8th (Male/Female)
- All finishers; Certificate & Medal of Commemoration

Time check point

Time checkpoints will be set throughout the marathon, based on transport safety, security, and our operations and logistics requirements. Entrants who arrive at the checkpoint well after the designated closing time will be asked to withdraw from the marathon.

Checkpoint	Location	Distance(km)	Closing Time
Checkpoint 1	Peace Memorial Park (scheduled)	21.3km	12:15
Checkpoint 2	Naha nursing school (scheduled)	34.3km	14:10
FINISH	Ohnoyama Stadium	42.195km	15:15

The recommended times for runners to drop out the race

Nakaima intersection (7.4km).....10:30	Nanbu hospital (28.3km).....13:30
Kochinda junior high school (13.5km).....11:35	Akamine intersection (39.3km).....15:00
Gushikami junction (17.3km).....12:00	

T-shirt size

JAPAN SIZE	SS	S	M	L	LL	3L
Height	161cm	167cm	170cm	176cm	182cm	182cm
body length	62	65	68	71	74	77
body width	44	47	50	53	56	60
shoulder Width	42	44	46	48	50	53

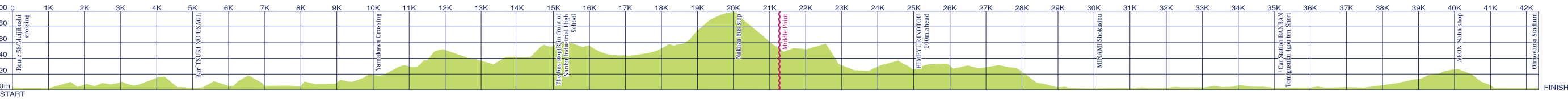
T-shirt size cannot be changed after entry or on the day of the tournament.

Regarding costumes

We do not allow costumes that are inappropriate for a sporting event, including those that may make other runners or supporters feel uncomfortable or put them in danger. Running whilst pushing a stroller and running with a pet are not allowed. Please note that the organizer may prohibit participation in the race on the day of the event.

Accidents During the Race

- 1. A marathon is a grueling sport. Runners may have unexpected accidents due to the lack of physical fitness. Do not participate if you are experiencing health problems. If you feel ill during the race, retire from the race immediately.
- 2. First aid will be provided for any accidents or injuries that occur during the race; however, the Association will not be held responsible thereafter. Runners are responsible for their own health condition during the race.



Condition of that day 2019

9:00 23.5℃
Max 25.1℃
Humidity 62.4%

Condition of Past
Max 26.4℃
Average 23.9℃
Minimum 20.8℃

Application Guidelines

Entry Requirements

1. Open to all healthy entrants who are **16 years old (on the day of the competition) or older**, regardless of nationality. (Entrants 18 years old and younger require their legal guardian's permission.)
2. Open to entrants who have properly registered and been recognized for this amateur tournament. **(Entry cannot be given to a third party. No substitute runners allowed.)**
 - * This rule applies even if the entrant is unable to run on the day of the tournament.

Registration Fee

◆Adult/¥12,000 ◆Under 18 years of age/¥10,000
◆Over 65 years of age/¥10,000

(Fee includes processing, runner number, commemorative T-shirt, Insurance, Safety measures)

- *Absolutely NO refunds after acceptance of application.
- *This is calculated based on the age on the day of the event.
- *Cancellation of event due to inclement weather, accident or other incident shall not be cause for refund of Registration Fee.
- *If the event is cancelled due to the impact from COVID-19, Regarding the registration fee, we will refund money after considering the costs incurred and deciding the refund amount.

Regarding lining up at the start

1. In order to ensure that the start is safe and smooth, the waiting block for the start will be set based on the estimated time given at the time of application. If the estimated time is not entered, then the start will be from the last block.
 2. If the estimated time is less than three hours, be sure to enter the best time in a full marathon within the past three years. If the best time field is not entered or the record is not accurate, then the start point will be a rear block.
- *Please report your record accurately. The secretariat may make inquiries about this.

International Registrations

Application Period

Monday August 15 9:00 - Sunday August 28 23:59
Maximum number of runners: 20,000

* registrations will close during the application period if the maximum number is reached.

Application Method

Internet SPORTS ENTRY

SPORTS ENTRY
www.sportsentry.ne.jp

<https://www.sportsentry.ne.jp/entry/t/88322/e>

- * For using SPORT ENTRY service, it is required to register as a SPORTS ENTRY member (free) in advance.
- * An payment fee (5.3% of the entry fee) is required in addition to the entry fee.
- * The payment should be a credit card payment.
- * Group entry is not available in English and Chinese versions. Only one entry will be accepted per account.

Inquiry information for application

SPORTS ENTRY Customer Support Center

An inquiry: <https://www.sportsentry.ne.jp/inquiry/en>

(English or Japanese only)

Please Note the Following

[Participation in the event]

1. Wearing or displaying any designs or brand names representing commercial names or trade names, etc. used for advertising purposes within the event site (including the race course) is prohibited. We do not admit the act of asking for donations, signatures, etc.
2. The organizer will implement first aid if there is an accident during the competition, but will bear no other responsibility except in cases arising due to gross negligence on the part of the organizer. (The organizer will take out insurance, but the insurance will not cover hospitalization, etc., due to medical diseases, etc. Please note that for accidents during the competition, the scope will be only the scope of that insurance.)
3. A visually impaired person must be accompanied by an accompanying runner and the two must remain together when participating in the competition, including if one party retires.
4. The participants should be responsible for valuables and baggage. The organizer has no obligation related to the losses caused by the theft or other accidents.
5. The organizer prepares the Number Card and you will be handed it at the reception on the race day with the participation gift. After your application, the organizer sends participation approval [Number Card Notification] around in late-November. Please make sure to bring and put in it at the reception.
6. The passage of traffic may be prioritized at intersections where traffic jams are expected.
7. In the case of an emergency, the ambulance has priority and has the right of way. Runners should be careful not to block the path of the ambulance.
8. Entrants are expected to train sufficiently, undergo a medical checkup, and otherwise be fully prepared for the event. It is your responsibility to check your health condition before participation.
9. The event organizer will not be responsible for delayed arrival of entrants on the race day due to public transportation and road conditions.

[Regarding application]

1. Multiple entries by the same individual will result in all entries from that individual being disqualified. No refunds will be given.
2. Participants are not allowed to provide incorrect gender, age, or other information. No substitute runners are allowed. Any violation of this rule will result in a permanent ban from the current and all future tournaments.
3. No entries or changes to existing entries can be accepted after the entry period. Participants may be contacted or e-mailed in cases where a problem with the entry has been identified.
4. Substitute runners (including giving an entry to a third party) are not allowed. If discovered, substitute runners will be immediately disqualified. Regardless of reason, no compensation or refunds will be given.
5. Tournament organizers are not responsible for applications late due to difficulties connecting to the internet or delays caused by the postal system.
6. Please note that not all devices/browsers may be compatible with the online application page.
7. Register the address correctly, including down to the name of the building, the room number and any other information necessary. The organizer will not be responsible for any delayed arrival or non-arrival of mail that occurs because insufficient details are written.
8. We ask that minors participate with the consent of their guardians.

Naha Marathon Association

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U R L: <http://www.naha-marathon.jp>



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